Instruction to Authors

1. **Submitted manuscripts** should be empirical studies, literature reviews, theoretical or methodological articles, or case studies.

2. **Quantitative research reports** should follow the APA-JARS format, such as:
   a. **Title**: (recommended length ≤ 12 words), name and affiliation of author(s), contact information of the corresponding author, additional information of importance for the reader, when necessary.
   b. **Abstract**: (empirical studies: 100-250 words, non-empirical studies: 100-150 words), containing objectives, participants, study method, findings, conclusions, and keywords.
   c. **Introduction**: problem, review of relevant scholarship, hypothesis, aims, and objectives.
   d. **Method**: participant characteristics, sampling procedures, sample size, power, precision, measures, data collection, instrumentation, masking, psychometrics, conditions and design, data diagnostics, and analytic strategy.
   e. **Results**: participants flow, recruitment, statistics, and data analysis.
   f. **Discussion**: support of original hypothesis, similarity of results, interpretation, generalizability, implications, limitations, separate conclusions when necessary.

3. **Qualitative research, qualitative meta-analysis, and mixed methods** research reports should follow the APA-JARS format accordingly.

   a. **Citations**, such as:
      - Maternal death and other complications are higher in teenage pregnancy (WHO, 2007a).
      - Dahl (as cited in Miller, 2002) concluded that enough sleep.…
   b. **Reference Examples**, such as:
      a. **Book with one author**
      b. **Book with two or more authors**
      c. **Reference in an edited book**
      d. **Book with the same author and publisher/Works with publisher as author**
      e. **Reference book**
      f. **Translated works**
g. Government document published by a publisher with no author/institution

h. Final project report/Thesis/Dissertation

i. Electronic-only book

j. Papers presented in a seminar/other scientific meeting/workshop

k. Article in a professional journal


l. Journal article with more than seven authors: name of first six authors, three ellipsis point, then last author’s name

m. Editorial

n. Abstract as original source

o. Papers presented in a seminar/other scientific meeting/workshop

p. Articles in a newspaper/weekly or monthly magazine
   With an author:

   Anonymous:

q. Articles from the Internet